

The Priory PE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1 I can demonstrate balance. I can make independent choices. I follow instructions involving several ideas or actions. Introduction to PE: Unit 2 I play co-operatively and take turns with others. I understand the rules and can explain why it is important to follow them. I use movement skills with developing balance and co-ordination.	Fundamental: Unit 1 I am confident to try new challenges. I can negotiate space safely with consideration for myself and others. I play games honestly with consideration of the rules. Fundamentals: Unit 2 I am confident to try new challenges, deciding on the skills I use to complete the task. I show an understanding of my feelings and can regulate my behaviour. I use movement skills with developing balance and co-ordination.	Dance: Unit 1 I am confident to try new challenges and perform in front of others. I can combine movements fluently, selecting actions in response to the task. I show respect towards others when providing feedback. Gymnastics: Unit 2 I am confident to try new challenges. I can confidently and safely use a range of large and small apparatus. I use movement skills with developing strength, balance and co-ordination showing increasing control and grace.	Dance: Unit 2 I am confident to try new challenges and perform in front of others. I can combine movements fluently, selecting actions in response to the task. I show respect towards others when providing feedback. Gymnastics: Unit 2 I am confident to try new challenges. I can confidently and safely use a range of large and small apparatus. I use movement skills with developing strength, balance and co-ordination showing increasing control and grace.	Games: Unit 1 I play co-operatively, take turns and encourage others. I play games honestly with consideration of the rules. I show an understanding of my feelings and can regulate my behaviour. Ball Skills: Unit 1 I persevere when trying new challenges. I play ball games with consideration of the rules. I use ball skills with developing competence and accuracy.	Games: Unit 2 I play co-operatively, take turns and encourage others. I play games honestly with consideration of the rules. I show an understanding of my feelings and can regulate my behaviour. Ball Skills: Unit 2 I persevere when trying new challenges. I play ball games with consideration of the rules. I use ball skills with developing competence and accuracy.
Year 1	Fundamentals I can change direction when moving at speed. I can run at different speeds. I can show hopping and jumping movements. Ball skills I am beginning to catch with two hands. I am beginning to dribble a ball with my hands and feet. I can roll and throw with some accuracy towards a target.	Target Games I can use an overarm throw aiming towards a target. I can roll a ball towards a target. I can use an underarm throw aiming towards a target. Dance I am beginning to use counts. I can copy, remember, and repeat actions. I can work with others to share ideas and select actions.	Sending and Receiving I am beginning to send and receive a ball with my feet. I can roll a ball towards a target. I can throw a ball to a partner. Gymnastics I can work at different levels and with changes of direction. I can control my movements. I can work to share apparatus.	Invasion Games I can change direction to move away from a defender. I can recognise space when playing games. I understand when I am a defender and when I am an attacker.	Net and Wall I can hit a ball using a racket. I can throw a ball to land over the net and into the court area. I know how to score points. Athletics I am developing overarm throwing. I can run at different speeds. I understand the difference between a jump, a leap and a hop and can choose which allows me to jump the furthest.	Striking and Fielding I can catch a beanbag and a medium-sized ball. I can strike a ball using my hand. I can track a ball that is coming towards me. Team Building I can follow instructions. I can work with a partner and a small group. I understand the rules of the game.

Year 2	Fundamentals I am beginning to turn and jump in an individual skipping rope. I can show hopping, skipping and jumping movements with some balance and control. I show balance and co-ordination when running at different speeds. Ball Skills I can roll and throw a ball to hit a target. I can send and receive a ball using both kicking and throwing and catching skills. I can track a ball and collect it.	Target Games I can use an overarm throw aiming towards a target. I can roll a ball towards a target. I can work co-operatively with a partner. Dance I can copy, remember, repeat and create dance phrases. I can use counts to stay in time with the music. I can work with a partner using mirroring and unison in our actions.	Sending and Receiving I can accurately throw and kick a ball to a partner. I can catch a ball passed to me, with and without a bounce. I can work safely to send a ball towards a partner using a piece of equipment. Gymnastics I can plan and repeat simple sequences of actions. I can use directions and levels to make my work look interesting. I can work safely with others and apparatus.	Invasion Games I can move with a ball towards goal. I know how to score points and can remember the score. I know who is on my team and I can attempt to send the ball to them.	Athletics I can jump and land with control. I can use an overarm throw to help me to throw for distance. I show balance and co-ordination when running at different speeds. Net and Wall games I can hit a ball over the net and into the court area. I can throw accurately to a partner. I can use simple tactics to make it difficult for an opponent.	Striking and Fielding I am developing underarm and overarm throwing skills. I can hit a ball using equipment with some consistency. I understand the rules of the game and can use these to play fairly in a small group. Team Building I can follow instructions carefully. I show honesty and can play fairly. I can share my ideas and help to solve tasks.
Year 3	Fundamentals I can change direction quickly. I can link hopping and jumping actions. I demonstrate balance when performing other fundamental skills. Swimming	Dance I can provide feedback using key words. I can repeat, remember and perform a dance phrase. I can use dynamic and expressive qualities in relation to an idea. Swimming	Gymnastics I can adapt sequences to suit different types of apparatus. I can choose actions that flow well into one another. I can choose and plan sequences of contrasting actions. Swimming	Football I can dribble, pass, receive and shoot the ball with some control. I can find space away from others and near to my goal. I understand my role as an attacker and as a defender. Swimming	Tennis I am learning the rules of the game, and I am beginning to use them to play fairly. I can use basic racket skills. I can return a ball to a partner. Swimming	Cricket I can grip the bat. I can grip a ball when bowling. I can bowl with a run up. Athletics I am developing jumping for distance. I can throw a variety of objects, changing my action for accuracy and distance. I can use key points to help me to improve my sprinting technique.

Year 4	Fundamentals I can explain what happens when I exercise. I demonstrate good balance and control when performing other fundamental skills. I understand and can demonstrate how and when to speed up and slow down when running. Swimming	Dance I can choose actions and dynamics to convey a character or idea. I can copy and remember set choreography. I can provide feedback using appropriate language relating to the lesson. Swimming	Gymnastics I can identify some muscle groups used in gymnastic activities. I can plan and perform sequences with a partner that include a change of level and shape. I can safely perform balances individually and with a partner. Swimming	Football I can dribble, pass, receive and shoot the ball with increasing control. I can move to space to help my team to keep possession and score goals. I understand the rules of the game and I can use them often and honestly. Swimming	Tennis I can return to the ready position to defend my own court. I can sometimes play a continuous game. I can use a range of basic racket skills. Swimming	Cricket I know how to grip the bat. I know what 'backing up' means fielders. I can bowl with increasing accuracy. Athletics I can demonstrate the difference in sprinting and jogging techniques. I can jump for distance with balance and control. I can throw with some accuracy and power to a target area.
Year 5	Football I can communicate with my team and move into space to keep possession and score. I can often make the correct decision of who to pass to and when. I understand the rules of the game and I can use them most of the time to play honestly and fairly. Hockey I can create and use space to help my team. I can dribble, pass, receive and shoot the ball with increasing control, under pressure. I can select the appropriate action for the situation and make this decision quickly.	Basketball I can communicate with my team and move into space to keep possession and score. I can dribble, pass, receive and shoot the ball with some control under pressure. I understand there are different skills for different situations, and I am beginning to apply this. Dance I can accurately copy and repeat set choreography. I can choreograph phrases individually and with others considering actions and dynamics. I can confidently perform different styles of dance, clearly and fluently, showing a good sense of timing.	Tag Rugby I can pass and receive the ball with some control under pressure. I can tag opponents and close down space. I understand there are different skills for different situations, and I am beginning to apply this. Gymnastics I can create and perform sequences using apparatus, individually and with a partner. I can use canon and synchronisation, and matching and mirroring when performing with a partner and a group and say how it affects the performance.	Handball I can apply defensive skills individually and as a team to gain possession, deny space and stop goals. I can dribble, pass, receive and shoot the ball with some control under pressure. I understand the need for tactics and can identify when to use them in different situations. Fitness I can analyse my fitness scores to identify areas for improvement. I can choose the best pace for a running event and maintain speed. I can encourage and motivate others to work to their personal best.	Athletics I can choose the best pace for a running event. I can perform a range of jumps showing some technique. I show accuracy and power when throwing for distance. Badminton I am developing a wider range of skills, and I am beginning to use these under some pressure. I can work cooperatively with others to manage our game. I understand the rules of the game and I can apply them honestly most of the time.	Cricket I am developing a wider range of fielding skills, and I am beginning to use these under some pressure. I can strike a bowled ball with increasing consistency. I can work co-operatively with others to manage our game. Rounders I am beginning to strike a ball with a rounders bat. I am developing a wider range of fielding skills, and I am beginning to use these under some pressure. I understand the rules of the game and I can apply them honestly most of the time.

			I can use strength and flexibility to improve the quality of a performance.			Swimming
Year 6	<p>Hockey I can dribble, pass, receive and shoot the ball with some control under pressure. I know what position I am playing in and how to contribute when attacking and defending. I understand the need for tactics and can identify when to use them in different situations.</p> <p>Football I can communicate with my team and move into space to keep possession and score. I can dribble, pass, receive and shoot the ball with some control under pressure. I can use tracking and intercepting when playing in defence.</p>	<p>Basketball I can create and use space to help my team. I can select the appropriate action for the situation and make this decision quickly. I can use the rules of the game honestly and consistently.</p> <p>Dance I can refine the way I use actions, dynamics, relationships and space in my dance in response to a stimulus. I can suggest ways to improve my own and other people's work using key terminology. I can use counts when choreographing to stay in time with others and the music.</p>	<p>Tag Rugby I can pass and receive the ball with increasing control under pressure. I can select the appropriate action for the situation and make this decision quickly. I can tag opponents individually and when working within a unit.</p> <p>Gymnastics I can combine and perform gymnastic actions, shapes and balances with control and fluency. I can create and perform sequences using compositional devices to improve the quality. I understand what counterbalance and counter tension is and can show examples with a partner.</p>	<p>Handball I can create and use space to help my team to maintain possession and create scoring opportunities. I can perform a range of skills with control and can select the appropriate action for the situation under pressure. I can work in collaboration with others to self-manage games so that they run smoothly.</p> <p>Fitness I can change my running technique to adapt to different distances. I can collect, record, and analyse scores to identify areas where I have made the most improvement. I can work with others to organise.</p>	<p>Athletics I can perform jumps for distance using good technique. I can select and apply the best pace for a running event. I can show accuracy and good technique when throwing for distance.</p> <p>Badminton I can select the appropriate action for the situation and make this decision quickly. I can use a wider range of skills with increasing control under pressure. I recognise my own and others' strengths and areas for development and can suggest ways to improve.</p>	<p>Rounders I can strike a bowled ball with increasing consistency. I can use the rules of the game consistently to play fairly. I understand and can apply some tactics in the game as a batter, bowler, and fielder.</p> <p>Cricket I can strike a bowled ball with increasing consistency and accuracy. I can use a wider range of fielding skills with increasing control under pressure. I understand and can apply some tactics in the game as a batter, bowler, and fielder.</p> <p>OAA I can orientate a map efficiently to navigate around a course. I can use critical thinking skills to form ideas and strategies to solve challenges. I can work effectively with a partner and a group to solve challenges.</p> <p>Swimming</p>