Diocese of Nottingham

## The Priory Catholic Voluntary Academy

Part of the Saint Ralph Sherwin Catholic Multi Academy Trust



## **Physical Education Statement of Intent**

## Intent – What we teach and why we teach it, ambitious for all.

## The context of our school

At The Priory Catholic Voluntary Academy, our religious beliefs coined within Catholic social teaching are central to the provision throughout the whole school; and the foundation on which the ethos of the school is built. Every person is recognised as a unique creation of God; it is the intention of the school, for each child to be assisted in every way possible, to achieve their potential in Physical Education. It is essential that our approach to teaching Physical Education is accessible to all learners, regardless of background and any learners with Special Educational Needs and Disabilities. Every child is unique and special in the eyes of God, and we must give every child the best start to their learning journey by empowering them to become confident learners in Physical Education.

At The Priory Catholic Voluntary Academy, it is our intention to build a curriculum that enables the children to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing our school values and transferable life skills such as fairness and respect. We adopted the new Get Set 4 PE scheme in 2023. The scheme is broad and balanced, allowing children to access a wide variety of high-quality PE and sports provision. At The Priory we believe that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. Through instilling the WE CARE characteristics in our pupils, children at The Priory Catholic Voluntary Academy are team players and ambitious learners.

Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential. We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

Our PE curriculum is based on an enhanced model of the Early Years Framework and the National Curriculum. Our long-term plan is broad and balanced, allowing children to access a

wide variety of high-quality PE and sports provision. The long-term plan begins by focusing on the fundamental skills (ABC) and then moving onto skills and activities that can lead to different sports. Further up school, we start making the links between sports and finally in years 5 and 6, it becomes more sport specific as we prepare them for secondary school. Children are given plenty of opportunities to build upon prior knowledge, allowing children to know more, and remember more. Children are given plenty of opportunities to take part in competitive sports throughout the year. They also take part in our annual sports day event. Such events help enrich the children's personal development.

We understand the importance PE, School Sport and Physical Activity have on children's general health, fitness and mental wellbeing. We provide opportunities for all children to be physically active for sustained periods of time and we teach children the importance of leading healthy, active lives and making informed and appropriate lifestyle choices.

In addition to this, the school's approach to Physical Education, is underpinned by our Catholic Values and our school's 'WE CARE' virtues (Working together, Enthusiasm, Creativity, Ambition, Reflection and Enquiring). Children demonstrate WE CARE through their sportsmanship and attitudes to one another. Children prepare both physically and mentally for a healthy life moving forward. They also believe in their abilities and know that their perseverance and determination could lead to great achievements in life.